

Children's Food Menu

Breakfast 7.30-9am	Cornflakes, Rice Krispies, Cheerio's, Weetabix, Ready Brek or Toast Gluten free option also available (Children's choice)				
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Morning Snack 10am	Cream Crackers (1) Or Veda Bread (1,6)	Homemade apple turnover (1,3) or Cracker bread (1)	Homemade Banana Bread or Pancakes (1,3)	Muffins (1,6) or fruit loaf (1,6)	Homemade Scones (1,3) or bagels (1,6)
Lunch 12.15pm	Steamed chicken breast, broccoli & pasta (1)	Chili Con Carne, Couscous (1), Mashed carrots & turnips	Braised Pork, wholemeal rice, Sweetcorn	Fish fingers (1,4) Green beans & Spaghetti (1)	Braised beef, peas & rice
Evening tea 3.30pm	Potato bread (1) & Baked beans	Homemade soup of the day, homemade Wheaten bread (1)	Yoghurts (7) & cream crackers (1)	Egg Mayonnaise Sandwiches (1,3,10)	Tomato pasta bake and Garlic bread(1)
Week 2					
Morning Snack 10am	Bagels (1,6) or rice cakes	Homemade pancakes (1,3) or Oatcakes (1) with dairylea cheese (7)	Muffins (1,6) or Cracker bread(1)	Homemade scones (1,3) or Fruit Loaf (1,6)	Homemade Granola Bars (1), Yoghurts (7)
Lunch 12.15pm	Beef Casserole, Green Beans, Pasta (1)	Fish cakes (1,4), Garden Peas and Rice	Savoury Mince, buttered sweetcorn & Couscous (1)	Beef Stew, Mashed carrots, Parsnips & Spaghetti (1)	Baked Chicken Breast, Broccoli, Wholemeal Rice
Evening tea 3.30pm	Homemade Pear & Chocolate Cake (1,3) with Custard (7)	Ham and Salad Wraps (1)	Sausages (1,6,10,12), finger rolls (1,6), cheese (7)	Homemade Soup of the day & homemade Bread (1)	Potato Waffles And Spaghetti Hoops (1)
Week 3					
Morning snack 10am	Fruit loaf (1,6) or Rice Cakes and Humus (11)	Veda Bread (1,6) or Muffins (1,6)	Homemade Scones (1,3) or bagels (1,6), dairylea (7)	Breadsticks (1) and dip or homemade Pancakes (1,3)	Crumpets (1) or Banana Bread (1,3)
Lunch 12.15pm	Minced beef Bolognese, peas, spaghetti (1)	Beef stew, mashed Carrots and Parsnips, Couscous (1)	Fish fingers (1,4), mixed Broccoli & Cauliflower, Wholemeal rice	Roasted chicken breast, steamed sweetcorn & pasta (1)	Braised loin of pork, spiced lentils and Green Beans
Evening tea 3.30pm	Ham (1) and cheese (7) sandwiches (1,6)	Semolina (1) and Mixed Fruit (Under 2's) Sausage Rolls (1, 7, 12), Baked Beans	Yoghurts (7), oat cakes (1) or cream crackers (1)	Tuna & Peppers Rice Salad (4,10) Pitta Bread (1)	Homemade Soup of the day & Homemade Bread (1)

Allergy Codes: 1. Gluten, 2. Crustacean, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soya Beans, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame, 12. Sulphites, 13. Lupin, 14. Molluscs

Week Commencing	Week 1	Week 2	Week 3
		30th January	
	13th February	20th February	6th, 27th February
	6th, 27th March	13th March	20th March
	17th April	3rd, 24th April	10th April

All Children are given a selection of fresh fruit: Apple, Orange, Pear, Kiwi, Plum, Watermelon, Melon, Pineapple, Grapes, Banana, Raisins.

Milk and/or water is served along with meals